## SEE LEFT HAND/RIGHT HAND DIALOGUE EXERCISE

Use this when you are talking about changing mental models:

LEFT HAND COLUMN What I'm really thinking	RIGHT HAND COLUMN What is actually said
Hidden costs, agendas	
Costs include mistrust, misunderstandings	
Costs lead to unproductive relationships	

## **CONVERSATION PALETTE**

A D V O C A C	TELLING	GENERATING
	OBSERVING	ASKING
Y	INQUIRY	

<sup>\*\*</sup> Telling is the LEAST effective method of communication \*\*
Telling – Assertive / Dictative
Generating –
Observing –
Asking –