

BEN

Awards

Wolf Rank	P
Electives Completed	11
Arrow Points Earned	1
Progress Beads Earned	

Achievements Summary

1. Feats of Skill	C
2. Your Flag	P
3. Keep Your Body Healthy	P
4. Know Your Home & Community	P
5. Tools for Fixing & Building	P
6. Start a Collection	
7. Your Living World	P
8. Cooking and Eating	P
9. Be Safe at Home & on the Street	P
10. Family Fun	P
11. Duty to God	
12. Making Choices	
Elective points from Achievements	1

Electives Summary

1. It's a Secret	
2. Be an Actor	
3. Make it Yourself	
4. Play a Game	
5. Spare Time Fun	
6. Books, Books, Books	
7. Foot Power	
8. Machine Power	
9. Let's Have a Party	
10. American Indian Lore	
11. Sing-Along	
12. Be an Artist	2
13. Birds	4
14. Pets	1
15. Grow Something	
16. Family Alert	
17. Tie It Right	
18. Outdoor Adventure	2
19. Fishing	2
20. Sports	1
21. Computers	
22. Say It Right	
23. Let's Go Camping	3

Belt Loops Earned

- Baseball (5-06)
- Basketball (1-06)
- Collecting (4-06)
- Fishing (9-05)
- Flag Football (9-05)
- Geography (1-06)
- Music (4-06)
- Table Tennis (5-06)
- Weather (10-05)
- Astronomy (10-06)

Pins Earned

- Academic & Sports Letter (9-06)
- Flag Football (9-06)

Additional Awards Earned

- Leave No Trace Award (5-06)

Last Updated:

April 27, 2007

Achievements

1. Feats of Skill	
a. Play catch	A
b. Walk a line	A
c. Front roll	A
d. Back roll	A
e. Falling forward roll	A
f. Jump high	A
g. Elephant walk, etc.	E
h. Swim 25 feet	
i. Tread water	
j. Basketball passes	
k. Frog stand	
l. Run or Jog 5 min	
2. Your Flag	
a. Pledge of allegiance	A
b. Lead flag ceremony	
c. Respect and care for flag	A
d. State Flag	A
e. Raise flag	
f. Outdoor flag ceremony	
g. Fold US Flag	
3. Keep Your Body Healthy	
a. Track health habits	A
b. Stop spread of colds	A
c. Cut on your finger	A
4. Know Your Home and Community	
a. Emergency Numbers	
b. Stranger at door	
c. Phone etiquette	
d. Leaving home rules	
e. Household jobs and resp.	
f. Visit important place	A
5. Tools for Fixing and Building	
a. Name seven tools	
b. Use pliers	
c. Screws and screwdrivers	
d. Use a hammer	
e. Make something useful	
6. Start a Collection	
a. CC Positive Attitude - Know	
CC Positive Attitude - Commit	
CC Positive Attitude - Practice	
b. Collect ten things	
c. Show and explain collection	
7. Your Living World	
a. CC Respect - Know	
CC Respect - Commit	
CC Respect - Practice	
b. Find out about pollution	
c. Find out about recycling	A
d. Pick up litter	A
e. Three stories about ecology	A
f. Three ways to save energy	A
8. Cooking and Eating	
a. Food guide pyramid	
b. Plan family meals	
c. Fix a meal for your family	
d. Fix your own breakfast	
e. Plan and fix outdoor meal	A
9. Be Safe at home and On the Street	
a. CC Responsibility - Know	
CC Responsibility - Commit	
CC Responsibility - Practice	
b. Check for home hazards	
c. Check for home fire dangers	
d. Street and road safety	A
e. Know rules of bike safety	A
10. Family Fun	
a. CC Cooperation - Know	
CC Cooperation - Commit	
CC Cooperation - Practice	
b. Make a game	
c. Plan a walk	
d. Read a book	A
e. Watch TV or listen to radio	A
f. Concert, play, or live program	
g. Board game night	
11. Duty to God	
a. CC Faith - Know	
CC Faith - Commit	
CC Faith - Practice	
b. Duty to god	
c. Two ideas - religious blfs.	
d. Help you place of worship	
12. Making Choices	
a. CC Courage - Know	
CC Courage - Commit	
CC Courage - Practice	
b. Older boy with drugs	
c. Home alone phone call	
d. Kid with braces on legs	
e. Stranger in car	
f. Bully demands money	
g. Meter reader	
h. Burglar at neighbor's	
i. Guide dog	
j. Steal from a store	
k. Elderly woman	

Electives

1. It's a Secret	
a. Use a secret code	
b. Write in invisible ink	
c. Sign your name in ASL	
d. Use 12 American Indian signs	
2. Be an Actor	
a. Put on skit w/costumes	
b. Make scenery for a skit	
c. Make sound effects for a skit	
d. Be the announcer for a skit	
e. Make paper sack mask for skit	
3. Make it Yourself	
a. Make something useful	
b. Stretch your hand	
c. Make a bench fork	
d. Make a door stop	
e. Make something else	
4. Play a Game	
a. Play pie-tin washer toss	
b. Play marble sharpshooter	
c. Play ring toss	
d. Play beanbag toss	
e. Play a game of marbles	
f. Play large group game	
5. Spare Time Fun	
a. Kite flying safety rules	
b. Make & fly a paper bag kite	
c. Make & fly a two-stick kite	
d. Make & fly a three-stick kite	
e. Make and use a kite reel	
f. Make rubber-band boat	
g. Make boat, plane, train, etc.	
h. Make boat, plane, train, etc.	
i. Make boat, plane, train, etc.	
6. Books, Books, Books	
a. Visit library. Get library card	
b. Choose a book and read it	
c. Make a book cover for a book	
7. Foot Power	
a. Learn to walk on stilts	
b. Make puddle jumpers & walk	
c. Make foot racers and use	
8. Machine Power	
a. Name 10 kinds of trucks	
b. Job using wheel & axle	
c. Show how to use a pulley	
d. Make and use a windlass	
9. Let's Have a Party	
a. Help with a home or den party	
b. Make a gift or toy and give it	
c. Make a gift or toy and give it	
10. American Indian Lore	
a. Read about American Indians	
b. Make traditional instrument	
c. Make traditional clothing	
d. Make traditional item	
e. Make a trad house model	
f. Learn 12 Am. Ind. pict. words	
11. Sing-Along	
a. Learn & sing America	
b. Learn & sing national anthem	
c. Learn & sing three cub songs	
d. Learn & sing thee hymns	
e. Learn & sing grace	
f. Sing a song with your den	
12. Be an Artist	
a. Freehand sketch	
b. Three step cartoon	
c. Mix primary colors	
d. Draw, paint, or color scenery	
e. Make a stencil pattern	
f. Make a Cub Scout proj. poster	
13. Birds	
a. List all birds you see for a week	
b. Put out nesting materials	
c. Read a book about birds	
d. Point out 10 diff't birds	
e. Feed wild birds	
f. Put out a birdhouse	

Electives

14. Pets	
a. Take care of a pet	
b. Meet a strange dog	
c. Read and report on a pet book	
d. Define rabid and tell what to do	
15. Grow Something	
a. Plant and raise box garden	
b. Plant and raise flower bed	
c. Grow a plant indoors	
d. Plant & raise vegetables	
e. Visit botanical garden in area	
16. Family Alert	
a. Family talk about emergencies	
b. Safe water - purify water	
c. First aid supplies & kit	
17. Tie It Right	
a. Overhand knot & square knot	
b. Tie shoelaces	
c. Wrap and tie a package	
d. Tie a stack of newspapers	
e. Tie two cords with overhand	
f. Tie a necktie	
g. Wrap ends of a rope with tape	
18. Outdoor Adventure	
a. Plan & hold family or den picnic	E
b. Plan & run family or den outing	
c. Play & lay a treasure hunt	
d. Plan & lay out obstacle race	
e. Plan & lay out adventure trail	
f. Two summertime pack events	E
g. Point out poisonous plants	
19. Fishing	
a. Identify 5 fish	
b. Rig a pole with line and hook	
c. Bait your hook & fish	E
d. Know rules of safe fishing	E
e. Tell about fishing laws in area	E
f. Show how to use a rod & reel	E
20. Sports	
a. Play tennis, tab.tennis, or bdm.	
b. Know boating safety rules	
c. Earn Archery belt loop	
d. Safety and courtesy for skiing	
e. Go ice skating	
f. Go roller skating	
g. Go bowling	
h. Track sprinter's start	
i. Standing long jump	
j. Play in a flag football game	E
k. Play in a soccer game	
l. Play in a baseball or softball	
m. Play in a basketball	
n. BB-gun belt loop	
o. 4 outdoor physical fitness act.	
21. Computers	
a. Business w/computers	
b. Explain a computer program	
c. Describe mouse and CD-ROM	
22. Say It Right	
a. Say "hello" in other language	
b. Count to 10 in other language	
c. Tell a short story to den or adult	
d. Directions to fire or police statn.	
e. Invite a boy to join Cubs	
23. Let's Go Camping	
a. Participate in overnight campout	
b. Take care of yourself in outdoors	E
c. Tell what to do if you get lost	E
d. Explain the buddy system	E
e. Attend day camp in your area	
f. Attend resident camp	
g. Participate w/den at campfire	
h. Participate in outdoor worship	